

# The Hope That Wakes Me Up Each Day – Wendy’s Story



“By the time I was 17, I knew I was in trouble,” says Wendy Lowry. “I was struggling with serious mental, emotional and spiritual issues. I drank constantly. I battled an eating disorder and became suicidal.”

At age 23 Wendy was violently assaulted and beaten. “That incident changed my life forever,” she remembers. “I lost my desire to live. I was hostile and withdrawn and drank excessively.”

At 26 Wendy became extremely sick from an eating disorder, too much drinking and a various mixture of pills. Her friends thought she was going to die.

Then something happened. Wendy’s sister experienced a miraculous encounter with God. She introduced Wendy to her pastor and her pastor’s wife. They prayed for Wendy, but she was still in utter turmoil.

After an overdose of drugs and alcohol that should have killed Wendy, her sister brought her back to the pastor’s wife. “My God is not going to let you die,” her new friend insisted.

She prayed powerfully for Wendy to be healed from the wounds of the past and to be set free from the bondage of addiction. After that prayer everything changed. Wendy was completely physically well and very peaceful. She was a totally different person.

“I have never used drugs and alcohol since that day 25 years ago,” said Wendy.

Her new desire was to find the One who gave her amazing peace of mind after years of torment—and to help others find that same peace.

“Watching God transform a life makes me speechless,” says Wendy. “He can restore anyone’s life from the worst situation imaginable.”



**Wendy Lowry (top left) with her staff at PV’s summer event, Ladies Day at the Arboretum**

She should know. Wendy is Director of the Women’s program at Minnesota Adult & Teen Challenge, a ministry that helps people break free from drug and alcohol addiction.

She oversees a staff of 45 who serve 90 clients. “The level of sustained pressure here is very wearing on the strongest of women,” Wendy says.

Prayer Ventures has come alongside the Teen Challenge staff to provide prayer training to better equip them to cope with the demanding work they do.

We’ve also held retreats to refresh, encourage and re-energize them, which helps prevent burnout. “God rekindled my flame,” said a staff member after a retreat. “It was such a joyful day to laugh, learn and soak in God’s presence.”

“Prayer Ventures has been a wonderful gift to us,” says Wendy. “They’ve strengthened our team tremendously. We are so thankful for their ministry.”

Kingdom work is teamwork. What a joy to partner with God to restore people’s lives—and do it together!

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