



POWER PRAYER CELLS

Instructions – groups and process



Prayer is a powerful and accessible gift from God that gives us a direct connection Him. We are designed with a need for connection, not only with other people but with Him. He longs for that connection with us too. Spending time in the presence of God through prayer, worship and scripture reading is like building a protective layer around our lives that allows us to remain in peace and joy. This impenetrable layer of protection blocks out fear and despair. You will find that praying with others will bolster your faith and encourage you in your daily life. Start a group today!

GROUPS

START – inviting 2-3 people to pray with you daily or weekly by phone or video call

SHARE – encourage others to receive the power and peace of Jesus through prayer by sharing this information

PROCESS

Change Your Heart and Mind

- Reduce your consumption of local and national news to 1 hour or less per day
- Increase your consumption of Biblical scripture, worship music, and prayer to 1 hour or more per day

Prayer Group Time (longer or shorter - to be determined by your group)

- Before: 5 min – before connecting, you may want to listen to worship, read scripture, or pray in silence
- During: 10 min – connect by phone or video with the 2-3 others in your prayer group
 - Read a short passage of scripture or devotion and share your insights
 - Person 1 – open with praise to God and gratitude for all that you have and all of Who He is.
 - Person 2 – pray for increased trust in Him, more awareness of His presence and release of concerns.
 - Person 3 – ask God for opportunities for you to show His love to others and pray for worldwide healing.
 - Person 1 – close by praying for any specific needs or blessing for those in the group.
 - Determine the passage of scripture or devotion that will be review the next day.
- After: 5 min – after the connection, sit quietly and then ask God questions and seek His wisdom

FREE TOOLS

The Bible App - bible.com/app

Video Call App - whereby.com/

Know God - peacewithgod.net/

